#### 1. What is MRDEA?

MRDEA is a project of ERRA for the comprehensive rehabilitation of Persons with Disabilities (PWDs). It caters to the social, economic and medical / physical needs of PWDs residing in the earthquake affected Districts of Muzaffarabad, Bagh, Mansehra and Shangla.

#### 2. What is a disability?

An individual having a disability is a person who has a physical or mental impairment that substantially limits one or more major life activities.

## 3. What is a handicap?

A handicap is a disability or disadvantage that severely limits (but does not prevent) the successful performance of a task or achievement of an objective.

# 4. What is 'rehabilitation' in the context of the MRDEA Programme?

Rehabilitation is a program that helps a person who is recovering from illness or injury to regain as much function as possible. The aim is for patients to become as independent as possible despite his/her disabilities. Rehabilitation also aims to teach strategies for coping with ongoing disabilities.

#### 5. What kind of health services are provided under the MRDEA Project?

MRDEA has made remarkable efforts in providing comprehensive rehabilitative services including medical consultation, physiotherapy and speech therapy to the PWDs in the earthquake affected areas.

#### 6. How is MRDEA supporting livelihoods of PWDs?

The Livelihood component of MRDEA ensures that the right of work of a Person with Disability is recognized, while actions are being taken to assist PWDs to access skill development and work opportunities.

## 7. What is CBR?

CBR or 'Community-Based Rehabilitation' is a strategy for the **rehabilitation**, **equalization of opportunities** and **social integration** of all persons with disabilities, within community development. CBR is implemented through the combined efforts of persons with disabilities (PWDs) themselves, their families and communities, and the appropriate health, education, vocational and social service.

#### 8. What is education?

Education is the process of educating or teaching and to develop the knowledge, skill, or character of a student.

### 9. What is formal education?

A formal education program is the process of training and developing people in knowledge, skills, mind and character in a structured and certified program.

#### 10. What is informal education?

Informal education is a general term for education outside of a standard school setting. It can refer to various forms of alternative education, such as Unschooling or Home-schooling, and Self-teaching (Auto-didacticism) etc.

## 11. What is social integration?

Social integration is the movement of minority groups such as ethnic minorities, refugees and underprivileged sections of a society into mainstream society. Members of the minority groups thus gain full access to the opportunities, rights and services available to members of the mainstream.

#### 12. What is empowerment?

Empowerment means that the Person with Disability and other target groups along with their family members and concerned persons in the community are aware of their rights and their collective strength.

### 13. Does MRDEA provide emergency services?

No, MRDEA does not provide any kind of emergency services. It only provides rehabilitation services.

## 14. Does MRDEA provide money?

No, MRDEA does not provide money to Persons with Disabilities.

### 15. Does MRDEA provide aids?

No, MRDEA does not provide aids. It only refers the assessed Person with Disabilities to NGOs which provide them aids.